

# Frieda's Cashew / Sesame Pesto

## **Ingredients**

7 cups hand-chopped / shredded Basil

1 cup raw cashews (put in a ziplock and pound with a hammer so there's little pieces and some powder)

1/2 cup raw sesame seeds

3 T minced garlic

1 tsp sea salt

1 cup Pecorino / Romano cheese (I get a tub of it at Sam's)

1 cup Parmesan - shredded (I get a tub of it at Sam's)

1.5 cups Olive Oil

1/8 cup toasted sesame oil.

## **Instructions:**

Chop, chop, chop. Mix it all together very well. Put it on some Annie's bread or on some pasta or on top of some chicken or just eat it. It keep a week in the fridge or put it in some ice trays and freeze it, it freezes really well.

Makes about 3 pounds.