

Mountain Harvest Organics
Guide for activities and adventures in our area!

The hiking and scenic views below that are noted with ** are recommend for those staying overnight. You should definitely consider the others if you are staying for a longer period of time. This guide contains rafting guides, tubing guides, zip lining companies, favorite day trips to the Great Smoky Mountain National Park, plus so many of our favorite things to do in these beautiful mountians!!! NOTE: Anything in blue is linked to their website.

Our Favorite Views and Hiking Trails in WNC

****Max Patch Bald:**

Directions from the farm: A 30 minute drive. Turn left onto Meadow Fork Road (the main paved road). To go left, you will need to go to the turn around because our road is not wide enough to make the turn. Once you're going up Meadow Fork Road, go 5 miles and turn right onto Little Creek Rd. and then go a half mile and turn right onto Poplar Gap Rd. Continue for about 4 miles and turn right back on to Little Creek Rd. Go about a mile and make a slight right onto Max Patch Rd and go about 2 miles until you are at the parking lot below the summit.

NOTE: It is usually at least 10 degrees cooler on Max Patch than at the farm, and usually breezy.

A 4,600-ft. bald mountain was cleared and used as pasture in the 1800s. Today, it's a 350-acre tract of open land on a high knob with 360-degree views. It's one of the most spectacular settings you'll experience in the Blue Ridge. On a clear day, see from Mt. Mitchell on the east to the Great Smoky Mountains on the south. What a picnic spot! And great for star gazing, camping and wildflowers. The summit is a short uphill hike from the parking area deep in Pisgah National Forest This is a great spot for a picnic!!!

Two easy loop trails lead you to, and around, the summit. The 1.4-mile short loop crosses the summit. The 2.4-mile loop circles the mountain for outstanding views from all the sides. The options are not marked, but it's hard to get lost atop the bald. From the parking lot, follow the trail to the left to ascend around the base of the mountain, through a forest, crossing the top. Or head up the steeper wider trail straight ahead. You can also hike north or south on the Appalachian Trail for as far as you want. Hot Springs is about 20 miles north.

****Rocky Bluff Camp Ground**

Directions from the farm: This is 15 minutes from the farm located between the farm and the township of Hot Springs. Turn right onto Meadow Fork Road (the main paved road) and go 1.4 miles. Turn left onto Highway 209 and go 4 miles and the camp ground will be on your right. It is closed now but you can park at the entrance and walk into the campground and there are three trails, the Spring Creek Nature Trail (1.2miles) circles the campground, Spencer's Overlook Trail and the longer Van Cliffs Loop trail.

****Rich Mountain Lookout Fire Tower**

Directions from the farm: Turn right onto Meadow Fork Road (the main paved road) and go 1.4 miles. Make a left onto Highway 209 and go 8 miles into Hot Springs. Once in Hot Springs, the road changes to US 25/70.

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Hike to Rich Mountain:

Turn left for a small parking area just before road turns left over the highway. Take the Appalachian Trail north for 2.4 miles to Rich Mountain (don't cross the bridge over the highway - hike the opposite direction - look for white blazes). The AT enters the forest at a small sign. It's an uphill hike, gaining about 1,400 feet in elevation. If you go south on the AT, Hot Springs is 5.9 miles hike. If you hike from the town of Hot Springs - it's 5.9 miles to Tanyard Gap with a 2,200+ foot in elevation gain.

Drive to Rich Mountain:

To drive to the top of Rich Mountain, turn right on the paved, former two-lane highway that is now overgrown a bit. Drive downhill a short distance to the road's end. Turn left on the gravel road and drive six miles up to the tower. There is very little traffic on this curvy, mountain road. But it's a one-lane road with two-way traffic, so go slow! We recommend a high clearance car since there are usually some bumpy parts. Usually, 4-wheel drive is not necessary. After traveling five miles, you reach the Tennessee state line for Cherokee National Forest at Hurricane Gap. Turn left here to drive the last mile to Rich Mountain. At the top, there's a circle drive around the summit. There is no parking area, but there's enough room to pull to the side of the road at the end.

****Lovers Leap**

Directions from the farm: This is 20 minutes from the farm in Hot Springs. Turn right onto Meadow Fork Road (the main paved road) and go 1.4 miles. Make a left onto Highway 209 and go 8 miles into Hot Springs. Once in Hot Springs, the road changes to US 25/70.

The Trail: Since the famous Appalachian Trail (AT) goes through the tiny town of Hot Springs, you can hike from the center of downtown for a very scenic 2-mile loop. Find free public parking for hikers along Andrews Avenue (turn right from Bridge Street after you cross the railroad tracks). From the parking along Andrews Avenue, walk on Bridge Street (which is the Appalachian Trail) across the railroad tracks. Continue across the bridge over the French Broad River for the view above. You will want to stay on the Right Side of the Bridge. Immediately after crossing the French Broad River, there will be a guardrail with a path to the street below. Turn right and go down the stairs to stay on the AT. Follow that street up river about 50 yards until you cross a wooden bridge. Continue along the river by white blazes marking the Appalachian Trail. After a few hundred yards, see Surprise Falls , a beautiful rapid. The trail continues along the river for a short distance past camping spots. Then the trail heads up the ridge via several switch-backs to ease the climb. The trail is well-marked and well-established. Atop the ridge, you'll find three rock promontories along the trail with great views of the river, valley and town. **Lover's Leap is the second rock outcropping.** Take a short but steep walk down to reach the point - **be very careful walking on loose rock to the edge.** It's a great stopping point for snacks and water. The rocks are jagged, but you can find some spots to sit and enjoy the view. Return to the trail and continue up the ridge to the third outcropping. Just past it, take a left from the Appalachian Trail to stay on the Lover's Leap trail to Silver Mine. You will walk down the back side of the ridge to the Silver Mine parking area. Take a left on the road to walk back to the bridge where you began the hike (passing by some shabby shacks).

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For a longer hike, continue on the Appalachian Trail to Tanyard Gap (where the trail crosses US Highways 25 and 70 east about 3 miles by car). It's a challenging uphill hike of 5.9 miles. If you have two cars, leave one in Hot Springs and drive to Tanyard Gap and hike downhill for 5.9 miles.

****Laurel River Trail**

Directions from the farm: The trail is 26 minutes from the farm or 13.8 miles. Turn right onto Meadow Fork Road (the main paved road) and go 1.4 miles. Make a left onto Highway 209 and go 8 miles into Hot Springs. Once in Hot Springs, the road changes to US 25/70. Stay on US 25/70 as if you are heading to Asheville. US 25/70 will either turn Left or Right at the Laurel River Store, You will want to turn right. Just after turning right, you will see a gravel parking lot where you are able to park your car.

The Trail (also good for mountain biking): Laurel River Trail is a 7 mile moderately trafficked out and back trail located near Hurricane, North Carolina that features a river and is good for all skill levels. You can turn around at any point in your hike if the youngun's get tired. The trail is an old railroad bed which used to carry logs to the Runion sawmill in the 1920's, and as such, is mostly level. However, it's rocky and rooty in spots, so do bring the boots. A few small streams flow across the trail at various points, and bluffs tower over the river making the valley narrow and enclosed with precipitous slopes on either side. Huge boulders choke the gorge forming raging rapids in places, and a few deep holes invite strong swimmers to take the plunge in warm weather. The trail nears its end at the former logging town of Runion. In its heyday, Runion was home to more than 1,000 people. Brick chimneys and crumbling foundations still remain - one of the few "ghost towns" in North Carolina.

The trail crosses the railroad at the confluence of the Big Laurel and French Broad, and ends on the other side of the tracks at a tranquil riverside flat. Trespassing on railroad property is dangerous, so just follow the trail straight across (after looking and listening for trains - this is an active line!) and do not attempt to cross Big Laurel Creek on the railroad bridge like some have in the past.

Cataloochee Valley

Directions from the farm: This beautiful mountain area is 1 – ½ hours from the farm or 40 miles. Turn right onto Meadow Fork Road (the main paved road) and go 1.4 miles. Make a right onto Highway 209 and go 30 miles until you reach I40 East. Stay on I40 East for 4.4 miles (8 minutes) then exit the highway and take a sharp right onto Cove Creek Road. Stay on Cove Creek Road for 11 miles to the Cataloochee Entrance Road to Cataloochee Creek Road.

The Area: A variety of historic buildings have been preserved in the valley, including two churches, a school, and several homes and outbuildings. This is the best place in the park to see historic frame buildings from the late 19th and early 20th centuries. Cataloochee Valley is nestled among some of the most rugged mountains in the southeastern United States. Surrounded by 6000-foot peaks, this isolated valley was one of the largest and most prosperous settlements in what is now the Great Smoky Mountains National Park. Some 1,200 people lived in this lovely mountain valley in 1910.

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Most made their living by farming, including commercial apple growing, but an early tourism industry developed in Cataloochee with some families boarding fishermen and other tourists who wished to vacation in the mountains.

Blue Ride Parkway and/or Folk Art Center

Directions from the farm: This is 1 hour from the farm or 35 miles. We enjoy driving the parkway from Weaverville and getting off at 276 outside of Waynesville.

The Area: Everyone should experience a drive on The Blue Ridge Parkway. The Parkway runs from Virginia all the way to Cherokee, North Carolina. Beautiful scenery all the way. Overlooks and amazing vistas the whole way. No big trucks are allowed on the Parkway and the speed limit is 45. This allows you to take in all the amazing sights that creation has to offer. Of course, there are exits all along the way to take in the art, culture, and crafts of the Appalachian and Smokey Mountains. You will find hiking trails along this route. Each year we enjoy making a day trip out of this beautiful and amazing part of our country.

Cades Cove (or this website)

Directions from the farm: This beautiful mountain community is 3 hours from the farm or 98 miles. Turn right onto Meadow Fork Road (the main paved road) and go 1.4 miles. Make a left onto Highway 209 N for 8.7 miles. Turn Left onto US-70 W/Hwy 25 N/Bridge in Hot Springs. Continue onto US-70 W/Hwy 25 N for 29 miles. Use the left 2 lanes to turn left onto US-411 and continue on for 18 miles. Turn Left onto Veterans Blvd and continue on for 1.9 miles. Turn right onto Collier Dr and continue for 1.5 miles. Use the left 2 lanes to turn left onto Parkway and continue for 2.4 miles. Turn right onto Wears Valley Rd and continue for 1/10 of a mile. Continue onto E Old Wears Valley Rd for a 1/10 of a mile. Turn left onto E Lamar Alexander Pkwy and continue for 1.5 miles. Continue onto Townsend Entrance Rd for 7/10 of a mile. Then a slight right onto old State Hwy 73 Scenic for 174 feet. Turn right onto Laurel Creek Rd and continue for 7.4 miles. Continue onto Cades Cove Loop Rd for 3.1 miles. Turn left onto Hyatt Ln for 1.3 miles. Turn left onto Cades Code Loop Road.

The Area: Cades Cove is a broad, verdant valley surrounded by mountains and is one of the most popular destinations in the Great Smokies. It offers good opportunities for wildlife viewing in the park. Large numbers of white-tailed deer are frequently seen, and sightings of black bear, coyote, ground hog, turkey, raccoon, skunk, and other animals are also possible. The Cove has an 11-mile, one-way loop road circles the cove, offering motorists the opportunity to sightsee at a leisurely pace. Allow at least two to four hours to tour Cades Cove, longer if you walk some of the area's trails. Traffic is heavy during the tourist season in summer and fall and on weekends year-round. While driving the loop road, please be courteous to other visitors and use pullouts when stopping to enjoy the scenery or view wildlife. An inexpensive self-guiding tour booklet available at the entrance to the road provides a map and information about the cove. **NOTE: Only bicycle and foot traffic are allowed on the loop road until 10:00 a.m. every Saturday and Wednesday morning from early May until late September. Otherwise the road is open to motor vehicles from sunrise until sunset daily, weather permitting.**

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Some of our favorite adventures in western NC

1. **Hot Springs Resort and Spa**

Location: 315 Bridge St, Hot Springs, NC 28743

Phone: 843-622-7676

Natural Hot Mineral Waters. Heated deep within the earth, these crystal clear carbonated waters are world famous for their mineral content and legendary healing powers. The water is piped into modern outdoor jetted hot tubs that are drained and sanitized after each use.

MASSAGE: Glenda Dolbeare, Phone: 603-204-7893. She works out of the Laughing Heart Lodge and does massages, Reiki, cupping, and chair massage.

2. **Rafting and Tubing on the French Broad River**

Location: Hot Springs Rafting Co., 81 Bridge St, Hot Springs, NC 28743

Phone: 843-319-4586

Directions from the farm: (15 minutes) Located right in the town of Hot Springs. Turn right onto Meadow Fork Road (the main paved road) and go 1.4 miles. Make a left onto Highway 209 N for 8.7 miles.

2. **Navitat Asheville NC**

Location: 242 Poverty Branch Rd, Barnardsville, NC 28709

Phone: 828-626-3700

Directions from the farm: (43 miles/1 Hour) Zipline adventures high above the ground are serious fun, but they're serious business, too! Navitat is an experienced company; an industry leader whose sole focus is tree-based adventure. Enjoy the ride. At Navitat, you're in great hands.

3. **Rafting, Ziplines, Climbing, and Cayoneering**

Location: French Broad Adventures, 9800 US Hwy 25/70, Marshall NC 28753

Phone: 800-570-7238

Directions from the farm: (34 miles) Turn right onto Meadow Fork Road (the main paved road) and go 1.4 miles. Make a left onto Highway 209 and go 8 miles into Hot Springs. Once in Hot Springs, the road changes to US 25/70. Remain stay on US 25/70 as if you are heading to Asheville. US 25/70 will either turn Left or Right at the Laurel River Store, You will want to turn right. Just after turning right, you will continue on 25/70 for another 5.5 miles.

<https://www.navitat.com/asheville-nc/>

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3. **Horseback Riding**

Location: **Sandy Bottom Trail Rides**, 1459 Caney Fork Rd, Marshall, NC 28753

Phone: 800-959-3513 or 828-649-3464

Directions from the farm: (27.6 miles) Turn right onto Meadow Fork Road (the main paved road) and go 1.4 miles. Make a left onto Highway 209 and go 8 miles into Hot Springs. Once in Hot Springs, the road changes to US 25/70. Remain stay on US 25/70 as if you are heading to Asheville. US 25/70 will either turn Left or Right at the Laurel River Store, You will want to turn right. Just after turning right, you will continue on 25/70 for another 8.6 miles. Turn Right onto Little Pine Road (State Route 1135) and continue on this road for 3.3 miles. Turn Left onto Caney Fork Road and continue for another 1.4 miles. Turn Right onto Wonder Ln.

Location: **Smoky Mountain Trail Rides**, 1959 Walnut Creek Rd. Marshall North Carolina 28753

Phone: 828-768-9339

Directions from the farm: Available upon request.

About Smoky Mountain Trail Rides: With close to thirty horses to choose from, we can find the right one for you. More the better ! Come and enjoy the petting zoo and also views of our beautiful mountain range and the Bison grazing the property. Our trails are second to none ! We also offer wagon rides and overnight camping with appointment.

4. **Adventure Center in Asheville**

Location:85 Expo Drive, Asheville, NC 28806

Phone: 877-247-5539

Hours: Sunday & Saturday: 10am-5pm, Wednesday-Thursday: 10 AM – 5 PM

Directions from the farm: (68.2 miles/2 hours) Available upon request

About the Adventure Center of Asheville: Take flight on a zipline canopy tour just minutes from downtown Asheville, yet surprisingly set amongst 150+ year old majestic white and red oaks. Asheville Zipline Canopy Adventures offers the best of many worlds. It is convenient and exciting, it is urban with views of downtown Asheville, and it is set on a 124 acre resort and designated tree preserve perched in and amongst some of the oldest and largest oak trees in Asheville. "Flyers" will see scenic mountain views and be flying through tree-lined corridors as well as enjoying spectacular views of the Asheville skyline. There is a Full Canopy Tour or an Express Canopy Tour.

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5. **Biltmore Estate**

Location: 1 Lodge St, Asheville, NC 28803

Phone: 800-411-3812

Hours: Sunday & Saturday: 9 AM – 5 PM, Monday - Friday: 8 AM – 9 PM

Directions from the farm: (68.2 miles/2 hours) Available upon request

About the Biltmore Estate: It is a historic house museum and tourist attraction in Asheville, North Carolina. Biltmore House, the main residence, is a Châteauesque-style mansion built for George Washington Vanderbilt II between 1889 and 1895 and is the largest privately owned house in the United States, at 178,926 square feet (16,622.8 m²) of floor space (135,280 square feet of living area). [2] Still owned by George Vanderbilt's descendants, it remains one of the most prominent examples of Gilded Age mansions.

6. **Dupont Forest (Georgous Waterfalls!!!)**

Location: 1300 Staton Road Cedar Mountain, NC 28718

Phone: 828-388-3526

Hours: Monday-Saturday: 10am-5pm, Sunday: 1pm-5pm

Directions from the farm: (82.1 miles/1 - 1/2 hours) Available upon request

About Dupont Forest: DuPont State Recreational Forest is an outdoors-lover's dream with many waterfalls and 86 miles of trails on protected 10,000 acres. Most visitors flock to the three-mile roundtrip hike to three waterfalls (Hooker, Triple and High Falls), but there's so much more to explore! Take a variety of waterfall and lake hikes, or trek to the top of Cedar Rock or Stone Mountain for mountain views. It's also one of North Carolina's best mountain biking and horseback riding areas.

Other Waterfalls: Romantic Asheville has a list of waterfalls on [that are easily accessed or with a short hike](#). You might consider a day trip just to explore area waterfalls. This list is Romantic Asheville's [Top 60 Favorite Waterfalls](#).

7. **Gem Mining at Emerald Village**

Location: 331 McKinney Mine Rd, Spruce Pine, NC 28777

Phone: 800-959-3513 or 828-649-3464

Directions from the farm: (66 miles/1.5 hours) Available upon request

About Emerald Village: A group of gem, mining, and historical attractions home to 12 historic REAL mines and has been featured on National Geographic TV, the Travel Channel, and many other TV programs and Magazines.

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8. **Guided Fishing Tours with Waynesville Fly Fishing**

Location: Waynesville, NC

Phone: (828)-488-7665

Hours: Monday-Saturday: 10am-5pm, Sunday: 1pm-5pm

Directions from the farm: (40 miles/1 hour) Available upon request

About Waynesville Fly Fishing: Waynesville North Carolina's Best Fly Fishing Outfitter and Guide Service! We offer private all inclusive Guided Fly Fishing trips daily out of Maggie Valley and Waynesville. Since 1999 we have guided anglers on some of the most beautiful Trout Streams in all of North Carolina. We guide the Great Smoky Mountains National Park, Blue Ridge Mountains, the Tuckasegee River, the Little Tennessee River, WNC Fly Fishing Trail, and Cherokee Fly Fishing Only Trophy Trout waters. Discover the majestic streams and mountains with the Smokies' most experienced Outfitter and Guides.

9. **Asheville Museum of Science**

Location: Asheville, NC. 43 Patton Ave., Asheville NC 28801

Phone: 800-959-3513 or 828-649-3464

Hours: Monday-Saturday: 10am-5pm, Sunday: 1pm-5pm

Directions from the farm: (66 miles/1.5 hours) Available upon request

About Asheville Museum of Science: The Asheville Museum of Science (AMOS) is Western North Carolina's home for experiential science learning, discovery, and exploration. AMOS strives to spark the imagination and foster lifelong curiosity. We have plenty of science to come and explore including our brand new Colburn Hall of Minerals, the STEM lab, our interactive panorama screen, the AMOS Mars Rover, our Teratophoneus dinosaur skeleton and fossil dig, Southern Appalachian Forest, Terrabox elevation simulator, Toddler Nest, Hurricane Simulator, fun temporary exhibits, and an

10. **Fowler Farm Sporting Clays**

Location: 490 Fowler Farm Rd, Hot Springs, NC 28743

Phone: 828-622-0177

Hours: Thursday - Saturday: 9 AM – 7 PM

Directions from the farm: (15 minutes) Available upon request

About Fowler Farm Sporting Clays: Sporting clay shooting is the newest and fastest growing shotgun sport in the USA. The course and shots are designed to simulate challenging shots during hunting. The Fowlers have among the best Sporting Clay ranges in the Southeast!!!

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11. **The Learning Center at PARI**

Location: 1 PARI Drive Rosman, NC 28772

Phone: 828-862-5554

Hours: Monday-Saturday: 10am-5pm, Sunday: 1pm-5pm

Directions from the farm: (68.2 miles/2 hours) Available upon request

About The Learning Center at PARI: The 200-acre historic campus includes cabin lodging and on-site dining, hiking trails, hands-on space and earth science exhibit galleries, scenic mountain views and campus tours. The Learning Center at PARI strives to engage learners of all ages, educators at multiple levels, and provide institutions with our unique facilities. We see this culmination of efforts providing the inspiration and education for the next generation of thinkers. The Learning Center's Exhibit Gallery showcases a spectacular collection of gems, minerals, and rare meteorites. Specimen examples include samples from Mars, the Moon, and glowing fluorescent minerals. Recently acquired exhibits include a Redstone rocket engine, 1/3 scale Apollo 11 Lunar Module model, the ATS-6 satellite and models (donated and on loan) from the Smithsonian Institution.

12. **River Arts District in Asheville**

Location: 3 River Arts Pl, Asheville NC 28801

Phone: 828-388-3526

Hours: Monday-Saturday: 10am-5pm, Sunday: 1pm-5pm

Directions from the farm: (68.2 miles/2 hours) Available upon request

About The River Arts District: Visit the working art studios and galleries of hundreds of artists in the River Arts District of Asheville, NC. Events, art tours, classes and more! Asheville's River Arts District (RAD) is a destination that grew out of necessity. Artists needed cheap rent and large spaces. An industrial zone east of the railroad tracks had a glut of aging and empty warehouses. The area was ripe for change, and over two decades blossomed into a convergence of art, creativity, commerce, and entertainment fueled by the dynamism of its inhabitants — those same artists and visionaries. While strolling along the art district. You might be interested in an adult beverage at the [Wedge Brewing Company](#).

13. **Western NC Nature Center**

Location: 75 Gashes Creek Road, Asheville NC 28805

Phone: 828-259-8080

Hours: Sunday - Saturday: 10am-5pm

Directions from the farm: (50 miles/1 hour 15 minutes) Available upon request

About the Nature Center: The Western North Carolina Nature Center is a 42-acre zoological park in Western North Carolina operated by the City of Asheville's Parks and Recreation department. Until 1973, it was known as the Asheville City Zoo and was then renamed the Children's Zoo and Nature Center.

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14. **The North Carolina Arboretum**

Location: 100 Frederick Law Olmsted Way, Asheville NC 28806

Phone: 828-665-2492

Hours: Sunday - Saturday: 8am-7pm

Directions from the farm: (54 miles/1 hour 15 minutes) Available upon request

About the Arboretum: The Arboretum was established as an affiliate of the University of North Carolina System by the State General Assembly in 1986, nearly a century after Frederick law Olmsted, the Father of American Landscape Architecture, first envisioned a research arboretum as part of his legacy and plan for George Vanderbilt at Biltmore Estate.

15. **Great Smokey Mountain Railroad**

Location: 45 Mitchell St, Bryson City, NC 28713

Phone: 877-247-5539

Hours: Sunday - Saturday: 8am-5pm

Directions from the farm: (69 miles/1-1/2 hours) Available upon request

About the Great Smokey Mountain Railroad: Our scenic rail excursions take you from our historic depot in Bryson City, through the beautiful countryside of Western North Carolina. Our variety of train options and special event trains makes us perfect for making memories! We are one of the top Fun Things to do in North Carolina for families. Dine in our First Class Cars with a private attendant and breathtaking views or take it all in while riding in an Open Air Gondola! Step on board for your next rail adventure!

16. **Fun Depot**

Location: 7 Roberts Rd, Asheville, NC 28803

Phone: 828-277-2386

Hours: Sunday: 12 PM – 8 PM, Monday - Thursday: 12 PM-8PM, Friday: 12 PM – 10 PM, Saturday: 10 AM – 11 PM,

Directions from the farm: (55 miles/1 hour 15 min) Available upon request

About Fun Depot: Asheville's Fun Depot is a mostly indoor family entertainment center that features a variety of attractions and activities as well as a full menu of delicious food items. With over 65,000 square feet of indoor fun, Asheville's Fun Depot is the ideal place to spend quality time with your friends and family regardless of the weather. Attractions and activities include: outdoor and indoor go-carts, 18-hole indoor mini-golf course, laser tag, bumper cars, a climbing wall, playgrounds and inflatables, mini-bowling, X-rider 4D Theater, arcade games, Aeroball, Lazer Frenzy, Atomic Rush, and so much more. And if you are looking for a place to have a Birthday Party, don't look any further than the place that was voted #1 place in Western North Carolina for your child's party. Finally, Asheville's Fun Depot also specializes in groups of any size. Every year we host hundreds of groups including school field trips, corporate team-building events, church youth groups, and so much more. If you have 15 or more people, click here to find out more information.

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17. **Pinball Museum**

Location: 1 Battle Square #1b, Asheville, NC 28801

Phone: 828-776-5671

Hours: Sunday: 1 PM – 6 PM, Wednesday - Friday: 2 PM – 9 PM, Saturday: 12 PM – 9 PM,

Directions from the farm: (69 miles/1-1/2 hours) Available upon request

About the Pinball Museum: All-you-can-play arcade featuring 75+ pinball machines & classic video games, plus beer & soda.

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Discovering Our Small Mountain Towns (Shops and Art Galleries)

1. **Discovering the town of Hot Springs**

Location: Hot Springs NC

Directions from the farm: (15 minutes) Directions from the farm: Located right in the town of Hot Springs. Turn right onto Meadow Fork Road (the main paved road) and go 1.4 miles. Make a left onto Highway 209 N for 8.7 miles.

Places to Explore: **Bluff Mountain Outfitters:** Hiking and outdoor equipment (tents, backpacks, sleeping bags, stoves, etc.); clothes, accessories books, toys, gifts, natural foods, hiking foods, and cold drinks. **Gentry's Hardware:** Family owned since 1946, Gentry's is an old-timey hardware store. Services include key cutting, chainsaw sharpening, glass cut etc.; general hardware and heating supplies, housewares, fishing, camping, & garden supplies. Large selection of knives, tools, plumbing/electrical supplies. **Artisun Gallery and Cafe:** Browse through the gallery of local artists while grabbing a coffee, chocolate, drinks, baked goods, and ice cream also represent our passion for our local region.

2. **Discovering the town of Marshall**

Location: Marshall, NC

Directions from the farm: (45 minutes) Turn right onto Meadow Fork Road (the main paved road) and go 1.4 miles. Make a left onto Highway 209 and go 8 miles into Hot Springs. Once in Hot Springs, the road changes to US 25/70. Remain stay on US 25/70 as if you are heading to Asheville. US 25/70 will either turn Left or Right at the Laurel River Store, You will want to turn right at the store. Just after turning right, you will continue on 25/70 until you see signs for the town of Marshall. Turn right onto S-70 BUS E/N Main St and continue for 1.6 miles. Turn right onto Bailyes Branch Road and you've arrived to the town.

Places to Explore: **Mad Co Brew House:** Mad Co. Brew House is the first craft brewery for both the town of Marshall and Madison County itself. Rhesa and Brandon Edwards and their partner Brad Fountain chose the location for that very reason. Guest beers are served in the tasting room while they await a federal brewing permit. Food offering are simple—bratwursts, and chips & snacks. **Mad Co Brew House:** Mad Co. Brew House is the first craft brewery for both the town of Marshall and Madison County itself. Rhesa and Brandon Edwards and their partner Brad Fountain chose the location for that very reason. Guest beers are served in the tasting room while they await a federal brewing permit. Food offering are simple—bratwursts, and chips & snacks. **Sweet Monkey Bakery & Cafe:** : Wonderful baked goods, sandwiches made with her famous bread. Sunday brunch is also a treat as you can get a taste of her culinary expertise beyond the baked goods. Open Sunday 10am to 4pm, Monday 10am to 3pm, Closed Tuesdays, Wed-Sat 9am to 9pm **Zuma Coffee** A quaint cafe in historic downtown Marshall. It's "where Marshall gathers."Specializing in great sandwiches, wraps, coffee, special lunch plates and desserts. Wireless Internet is always available. Come over on Monday night for Blues and BBQ or on Thursday night for a FREE Bluegrass jam session. **Flow Art Gallery:** Flow is a gallery owned, operated and curated by artists, offering for sale the best of local and regional crafted objects and arts, traditional and contemporary. 14 Main Street Marshall, NC 28753. (828) 649 - 1686 . **Madison County Arts Counsel:** Time-honored, traditional, or contemporary, the MCAC strives to bring a constantly expanding array of exciting arts activities to Madison County. 152 North Main Street, 828-649-1301
Open Monday – Friday 10AM-5PM

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Restaurants in Hot Springs

Iron Horse Station (\$\$\$)

Address: 24 Andrews Ave S, Hot Springs, NC 28743 Phone: 828-622-0022

This restaurant offers an upscale atmosphere located in an historic inn dating from 1929. Hours: Sunday 11 AM – 9 PM, Monday – Saturday 11 AM – 11 PM

Mosaic Gourmet (\$\$)

Address: 159 Bridge Street, Hot Springs, NC 28743 Phone: 828-622-9400

Free Style fusion of scratch food with creative daily specials. Hours: Tuesday: 11 AM – 9 PM, Wednesday - Thursday: 11:30 AM – 9 PM, Friday: 11:30 AM – 10 PM, Sunday 8 AM – 3 PM.

Mountain Magnolia Inn (\$\$\$)

Address: 204 Lawson St, Hot Springs, NC 28743 Phone: 828-622-3543

Supper only. Set on 3 acres in the Rich Laurel Wildlife Area along the Appalachian Trail, this charming inn in a restored 1868 Victorian home is a mile from Lover's Leap Hiking Trail. Hours: Reservations are required.

Smoky Mountain Diner (\$)

Address: 70 Lance Ave, Hot Springs, NC 28743 Phone: 828-622-7571

The most popular restaurant for locals with a casual atmosphere. This restaurant does a lot to support our community in donating meals to those less fortunate. Hours: Sunday 11 AM – 9 PM, Monday – Saturday 11 AM – 11 PM

Spring Creek Tavern (\$\$)

Address: 145 Bridge St, Hot Springs, NC 28743 Phone: 828-622-0187

The Tavern is a favorite of locals and visitors alike. It has extensive outdoor seating on a screened porch overlooking Spring Creek. They serve burgers, fish and chips, pizzas, craft beer, and jalepeno poppers. Hours: Sunday 11 AM – 9 PM, Monday – Saturday 11 AM – 11 PM

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Restaurants in Asheville

Admiral Asheville (\$\$\$)

Address: 400 Haywood Rd, Asheville, NC 28806 Phone: 828-252-2541

And it's definitely the food that's the star here. The Admiral changes their menu frequently—sometimes even daily—to take advantage of the freshest produce available. They are well-known for their wide variety of appetizers and small plates that present some classic ingredients in new and interesting ways. They're also perfect to pass around the table, so you might want to go with a group you don't mind sharing with. Some of these dishes are mainstays on the menu, and may be modified slightly depending upon what's in season. HOURS: Sunday – Monday 5 PM to 10 PM

Asheville Pizza & Brewing Co. (\$\$)

Address: 675 Merrimon Ave., Asheville, NC 28804 Phone: 828-254-1281

Voted most kid friendly restaurant in Asheville with a game room, a long time craft brewer and pretty good pizza. Hours: Sunday - Wednesday 11am to 11pm, Thursday -Saturday 11am to 12midnight

All Souls Pizza (\$\$)

Address: 175 Clingman Avenue, Asheville NC 28801 Phone: 828-254-0169

We know the co-owner, who is a James Beard nominee bread baker, and they use locally grown grain and locally sourced ingredients. HOURS: Lunch on Friday – Sunday 11:30 AM to 5:00 PM, Dinner on Tuesday – Sunday 5 PM to 10 PM.

Buxton Hall Barbeque (\$\$)

Address: 32 Banks Ave, Asheville, NC 28801 Phone: 828-232-7216

The owner is another James Beard nominee for best chef in southeast, cooks using traditional North Carolina barbeque techniques and locally sources his pigs from small farmers and the restaurant has a farm. Kid friendly! HOURS: LUNCH: 11:30 AM — 3:00 PM DAILY. DINNER: 5:30 PM - 10:00 PM DAILY. Open all day on Saturday: 11:30 AM - 10:00 PM.

Chai Pani Asheville (\$\$\$)

Address: 22 Battery Park Ave, Asheville, NC 28801 Phone: 828-254-4003

Indian chaat (street snacks) plus home style platters (thalis) in a funky, laid-back space. HOURS: Monday – Thursday 11:30 AM – 3:30 PM. Friday – Saturday 11:30 AM – 3:30 PM and 5:30 PM – 9:30 PM. Sunday 12 PM – 3:30 PM and 5:00 PM – 9:00 PM.

Copper Crown (\$\$)

Address: 1011 Tunnel Rd #100, Asheville, NC 28805 Phone: 828-505-7531

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A warm, contemporary restaurant offering locally sourced New American fare & signature cocktails. HOURS: Sunday: 11 AM – 2:30 PM & 4:30 PM – 9 PM, Monday – Tuesday 4:30 PM – 9:30 PM. Wednesday – Thursday: 11:30 AM – 2:30 PM & 4:30 PM – 9:30 PM, Friday – Saturday 11:30 AM – 3:30 PM & 4:30 PM – 10 PM.

Curate (\$\$\$) - Tapas

Address: 13 Biltmore Ave, Asheville, NC 28801

Phone: 828-239-2946

Another James Beard nominee (several times), and they source from local farms. Definitely good but a little pricy but most people feel it's well worth it. HOURS: Tuesday – Thursday 11:30 AM – 10:30 PM. Friday – Saturday 11:30 AM – 11 PM. Sunday 10 AM – 10:30 PM.

Cucina24 (\$\$\$)

Address: 24 Wall Street, Asheville, NC 28801

Phone: 828-254-6170

Brian, the Chef/Owner grew up in Atlanta and moved to Asheville in 2003. He is a 2002 graduate of Johnson & Wales University. Brian is a Star Chefs Rising Star 2013 and a semi-finalist for the James Beard Foundation Best Chef: Southeast award 2016. This restaurant sources from local farms. Their menu is Italian Tradition, Regional Ingredients. HOURS: Monday – Thursday 5:30 PM – 9:30 PM, Friday – Saturday 5 PM – 10 PM, Sunday 10 AM – 8:30 PM.

Elements Real Food (\$\$)

Address: 233 S Liberty St, Asheville, NC 28801

Phone: 828-412-5701

THE VEST VEGARATIAN/JUICE BAR IN ASHEVILLE!!! They source as much produce as possible from local farms. The atmosphere is Casual, mellow juice & smoothie bar with organic, plant-based fare like acai bowls, soups & salads. . HOURS: Monday – Saturday 9 AM – 4 PM

French Broad Chocolate Lounge (\$)

Lounge Address: 10 S Pack Square, Asheville, NC 28801

Phone: 828-252-4181

Farm to Factory. Bean to Bar. Bar to Bakery. Handcrafted in the mountains of Asheville. Tours of the factory are available every day 2 PM until 4 PM for \$6/person but be certain to visit the factor which is a different address than the lounge. LOUNGE HOURS: Sunday – Thursday 11 AM – 11 PM. Friday – Saturday 11 AM – 12 AM

Gan Shan Station (\$\$)

Address: 143 Charlotte St, Asheville, NC 28801

Phone: 828-774-5280

Hip spot featuring Asian curries, stir-fries & ramen dishes with creative twists, plus a full bar. 2 PM until 4 PM for \$6/person. HOURS: Monday – Thursday 11:30 AM – 9 PM. Friday – Saturday 11:30 AM – 10 PM

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Over Easy Cafe (\$\$)

Address: 32 Broadway St, Asheville, NC 28801 Phone: 828-236-3533

Casual cafe serving creative takes on eggs & other classic breakfast/lunch fare in vintage-hip digs.
Hours: Sunday - Saturday 8 AM – 2 PM

Sunny Point Café (\$\$)

Address: 626 Haywood Road, Asheville, NC 28806 Phone: 828-252-0055

Known as the best breakfast in Asheville and they serve breakfast all day long. They source local, fresh ingredients and definitely kid friendly. Hours: Sunday and Monday 8 AM – 2:30 PM, Tuesday – Saturday 8 AM – 9:30 PM

Rhubarb Asheville (\$\$)

Address: 7 N Pack Square, Asheville, NC 28801 Phone: 828-785-1503

The chef and owner, John Fleer, is named one of the “Rising Stars of the 21st Century” by the James Beard Foundation and is a five-time finalist, most recently in 2017, for the “James Beard Best Chef in the Southeast” award. Sources from local farms. Hours: Mondays from 3:00pm – 9:30pm, Wednesday & Thursday 11:30am – 9:30pm, Friday 11:30am – 10:30pm, Saturday 10:30am – 10:30pm, Sunday 10:30am - 9:30pm

Vinnie's Neighborhood Italian (\$\$)

Address: 641 Merrimon Ave., Asheville NC 28804 Phone: 828-253-1077

Very supportive of the local food community and even puts on cooking demonstrations at the North Asheville Tailgate Market where we are a vendor. Traditional Italian cooking with kid friendly fare. HOURS: Sunday – Thursday 5 PM to 9:30 PM, Friday – Saturday 5 PM to 10:30 PM.

Zambra's (\$\$) - Tapas

Address: 85 W Walnut St, Asheville, NC 28801 Phone: 828-232-1060

The chef is really modest so may not get the press of some others but highly rated! Buys for local farms and very creative. Opens at 5pm on Monday – Thursday,